

# Proclamation

## Men's Health Month

**Whereas**, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

**Whereas**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**Whereas**, men who are educated about the value of preventative health will be more likely to participate in health screening; and

**Whereas**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**Whereas**, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**Whereas**, the Men's Health Month website has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

**Whereas**, Paris Men's Health Month will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

**Whereas**, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

**Now, therefore**, I, Gayle Griffith, Vice Mayor of the City of Paris, do hereby proclaim the month of June as Men's Health Month in this city, and encourage all our citizens to pursue preventative health practices and early detection efforts.

  
Vice Mayor Gayle Griffith

*Presented on the 19th day of June 2017.*

