

PROCLAMATION

- despite advances in medical technology and research, men continue to live an average of five years less WHEREAS, than women, with Native American and African-American men having the lowest life expectancy; and
- educating the public and health care providers about the importance of a healthy lifestyle and early WHEREAS, detection of male health problems will result in reducing rates of mortality from disease; and
- WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and
- WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- WHEREAS. Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS, the Men's Health Week web site has been established at www.MensHealthWeek.org and features resources, proclamations and information about awareness events and activities, including Wear Blue for Men's Health; and
- WHEREAS, Iowa Men's Health Week will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and
- WHEREAS, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups:

NOW, THEREFORE, I, Kim Reynolds, Governor of the State of Iowa, do hereby proclaim June 10-17, 2018, as

Men's Health Week

in Iowa, and encourage all citizens to pursue preventative health practices and early detection efforts.

IN TESTIMONY WHEREOF, I HAVE HEREUNTO SUBSCRIBED MY NAME AND CAUSED THE GREAT

SEAL OF THE STATE OF IOWA TO BE AFFIXED. DONE AT DES MOINES THIS DAY OF FEBRUARY IN THE YEAR OF OUR LORD TWO THOUSAND EIGHTEEN.

KIM REYNOLDS GOVERNOR OF IOW

ATTEST

PAUL PATE SECRETARY OF STATE