



STATE OF MAINE
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Paul R. LePage
GOVERNOR

June 1, 2018

Greetings,

On behalf of the citizens of Maine, I would like to help raise awareness to the importance of improving men's health. Men who are educated about the value of preventative health are more likely to participate in health screenings that can save their life.

June is Men's Health Month and is a great opportunity for men to take the time needed to evaluate their own health. Eating well and exercising is good for not only men and their family but can also increase workplace productivity. It is important for everyone to spread the word about the importance of men's health.

I appreciate all of the organizations and individuals who are working hard to raise awareness to this important issue and wish them continued success with this noble work.

Sincerely,

Paul R. LePage
Governor



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