

PROCLAMATION


CITY OF RICHARDSON, TEXAS

- WHEREAS:** Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and
- WHEREAS:** Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and men who are educated about the value of preventative health will be more likely to participate in health screening; and
- WHEREAS:** Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices, offering online resources and information about awareness events and activities, including Wear Blue for Men's Health; and
- WHEREAS:** Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and
- WHEREAS:** The citizens of Richardson are encouraged to "Wear Blue for Men's Health" to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.
- NOW, THEREFORE,** I, Paul Voelker, Mayor of the City of Richardson, do hereby proclaim June 2018 as:

MEN'S HEALTH MONTH

in Richardson, Texas, and encourage all our citizens to pursue preventative health practices and early detection efforts.

*Given under my hand and seal of office this
1st day of June 2018.*


Mayor, The City of Richardson

