

WHEREAS: Despite advances in medical technology and research, men continue to

live an average of five years less than women with Native-American and

African-American men having the lowest life expectancy; and

WHEREAS: Educating the public and health care providers about the importance of a

healthy lifestyle and early detection of male health problems will result in

reducing rates of morality from disease; and

WHEREAS: Men who are educated about the value that preventative health can play

in prolonging their lifespan and their role as productive family members

will be more likely to participate in health screenings; and

WHEREAS: The Men's Health Network worked with Congress to develop a national

men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes

and preventative health practices; and

WHEREAS: Men's Health Month will focus on a broad range of men's health issues,

including heart disease, mental health, diabetes, and prostate, testicular

and colon cancer.

Now, therefore, be it resolved that I, Mayor Walt Maddox, on behalf of the City Council of Tuscaloosa, do hereby proclaim June 2018 to be

"Men's Health Month"

in Tuscaloosa and encourage citizens to pursue preventative health practices and early detection efforts.

In Witness Whereof, I have hereunto set my hand and caused the Corporate Seal of the City to be affixed this the 29th day of January, 2018.

MAYOR WALTER MADDOX, CITY OF TUSCALOOSA, ALABAMA

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