

## OFFICE OF THE MAYOR

WHEREAS: Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and Educating the public and healthcare providers about the importance of a healthy WHEREAS: lifestyle and early detection of male health problems will result in reducing rates of *mortality from disease; and* WHEREAS: Men who are educated about the value of preventive health and the role it plays in prolonging their lifespan and their role as productive family members are more likely to participate in health screenings; and *Fathers who maintain a healthy lifestyle are role models for their children and have* WHEREAS: happier, healthier children; indeed, recognizing and preventing men's health problems is not just a man's issue, it impacts entire families; and The Men's Health Network worked with Congress to develop a national men's health WHEREAS: awareness period – the month of June – as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and The City of Rochester encourages all residents to increase their awareness of the WHEREAS: importance of a healthy lifestyle, regular exercise and medical check-ups. Residents are encouraged to visit the website www.MensHealthMonth.org for further information from the Men's Health Network.

NOW, THEREFORE, I, Lovely A. Warren, Mayor of the City of Rochester, New York, do hereby proclaim June 2018 to be:

## MEN'S HEALTH MONTH

*In Rochester and urge all its citizens to pursue preventative health practices and early detection efforts, especially in areas that relate to heart disease, mental health, diabetes, prostate, testicular and colon cancer.* 

*In Witness Whereof*, I Have hereunto set my hand on this first day of June in the year 2018. *Signed:* 

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Mayor, Rochester, New York