Proclamation

WHEREAS, despite advances in medical research and technology, men’s life spans are, on average, five years less than those of women; and

WHEREAS, sharing information about the importance of healthy habits and regular wellness exams to detect deficiencies early are vital in reducing rates of mortality; and

WHEREAS, fathers who maintain healthy lifestyles are role models for their children; and

WHEREAS, the Men’s Health Network has developed a campaign to help educate men and their families about the importance of positive life choices and preventative health practices; and

WHEREAS, Men’s Health Month is an opportunity to focus on a broad range of men’s health issues, such as heart disease, mental health, diabetes, prostate and reproductive cancers.

NOW THEREFORE, I, Linda T. Johnson, Mayor of the City of Suffolk, do hereby proclaim June 2018, as

“MEN’S HEALTH MONTH”

in Suffolk, Virginia and encourage all citizens to take the time to learn about healthy lifestyles and schedule your medical check-ups for longer, more gratifying lives.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of Suffolk to be affixed this 1st day of June in the year of our Lord, Two Thousand Eighteen.

[Signature]
Linda T. Johnson
Mayor