City of Alhambra proclamation

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the citizens of Alhambra are encouraged to increase awareness of the importance of a healthy lifestyle, maintaining mental health, regular exercises, and medical check-ups;

NOW, THEREFORE, I, JEFFREY K. MALONEY, Mayor of the City of Alhambra, do hereby proclaim June, 2018 as:

MEN'S HEALTH MONTH



ISSUED THE 11th DAY OF JUNE, 2018

JEFFREY K. MALONEY