WHEREAS, Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings and are role models for their children; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's health; and

WHEREAS, the citizens of Cumberland are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

Now, Therefore, I, Brian K. Grim, Mayor of the City of Cumberland, do hereby proclaim the month of June, 2018 in the City of Cumberland as

"MEN'S HEALTH MONTH"

And encourage all our citizens to pursue preventative health practices and early detection efforts.

GIVEN UNDER OUR HANDS AND SEALS THIS 11TH DAY OF JUNE, IN THE YEAR 2018, WITH THE CORPORATE SEAL OF THE CITY OF CUMBERLAND HERE TO ATTACHED, DULY ATTESTED BY THE CITY CLERK.

ATTEST:

Marjorie A. Woodring
City Clerk

MAYOR AND CITY COUNCIL
OF CUMBERLAND

Brian K. Grim
Mayor