

STATE OF NEW MEXICO **EXECUTIVE OFFICE** SANTA FE, NEW MEXICO

Proclamation

WHEREAS, DESPITE ADVANCES IN MEDICAL TECHNOLOGY AND RESEARCH, MEN CONTINUE TO LIVE AN AVERAGE OF FIVE YEARS LESS THAN WOMEN, WITH NATIVE AMERICAN AND AFRICAN-AMERICAN MEN HAVING THE LOWEST LIFE EXPECTANCY; AND

WHEREAS, EDUCATING THE PUBLIC AND HEALTH CARE PROVIDERS ABOUT THE IMPORTANCE OF A HEALTHY LIFESTYLE AND EARLY DETECTION OF MALE HEALTH PROBLEMS WILL RESULT IN REDUCING MORTALITY RATES FROM DISEASE; AND

WHEREAS, MEN WHO ARE EDUCATED ABOUT THE VALUE THAT PREVENTIVE HEALTH CAN PLAY IN PROLONGING THEIR LIFESPAN AND THEIR ROLE AS PRODUCTIVE FAMILY MEMBERS WILL BE MORE LIKELY TO PARTICIPATE IN HEALTH SCREENINGS; AND

WHEREAS, FATHERS WHO MAINTAIN A HEALTHY LIFESTYLE ARE ROLE MODELS FOR THEIR CHILDREN AND HAVE HAPPIER, HEALTHIER CHILDREN; AND

WHEREAS, THE MEN'S HEALTH NETWORK HAS WORKED WITH CONGRESS TO DEVELOP A NATIONAL MEN'S HEALTH AWARENESS PERIOD AS A SPECIAL CAMPAIGN TO HELP EDUCATE MEN, BOYS, AND THEIR FAMILIES ABOUT THE IMPORTANCE OF POSITIVE HEALTH ATTITUDES AND PREVENTATIVE HEALTH PRACTICES; AND

WHEREAS, THE MEN'S HEALTH MONTH WEBSITE HAS BEEN ESTABLISHED AT <u>WWW.MENSHEALTHMONTH.ORG</u>, AND FEATURES RESOURCES, PROCLAMATIONS, AND INFORMATION ABOUT AWARENESS EVENTS AND ACTIVITIES, INCLUDING WEAR BLUE FOR MEN'S HEALTH; AND

WHEREAS, NEW MEXICO MEN'S HEALTH MONTH WILL FOCUS ON A BROAD RANGE OF MEN'S HEALTH ISSUES, INCLUDING HEART DISEASE, MENTAL HEALTH, DIABETES, AND PROSTATE, TESTICULAR, AND COLON CANCER; AND

WHEREAS, THE CITIZENS OF NEW MEXICO ARE ENCOURAGED TO RECOGNIZE THE IMPORTANCE OF A HEALTHY LIFESTYLE, REGULAR EXERCISE, AND MEDICAL CHECK-UPS;

NOW, THEREFORE, I, SUSANA MARTINEZ, GOVERNOR OF THE STATE OF NEW MEXICO, DO HEREBY PROCLAIM THE MONTH OF JUNE 2018 AS

"MEN'S HEALTH MONTH"

THROUGHOUT THE STATE OF NEW MEXICO, AND I ENCOURAGE THE CITIZENS OF NEW MEXICO TO PURSUE PREVENTATIVE HEALTH PRACTICES AND EARLY DETECTION EFFORTS.

SIGNED AT THE EXECUTIVE OFFICE THIS 18TH DAY OF APRIL, 2018.

ATTEST:

WITNESS MY HAND AND THE GREAT SEAL OF THE STATE OF NEW MEXICO.

MAGGIE TOULOUSE OLIVER SECRETARY OF STATE

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SUSANA MARTINEZ GOVERNOR

