~ PROCLAMATION ~

WHEREAS, Despite advances in medical technology and research, men

continue to live an average of five years less than women with Native American and African-American men having the lowest life

expectancy; and

WHEREAS, Educating the public and health care providers about the

importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from

disease; and

WHEREAS, Men who are educated about the value that preventative health

can play in prolonging their lifespan and their families about the importance of positive health attitudes and preventative health practices. Fathers who maintain a healthy lifestyle are role

models for their children and have happier, healthier children; and

WHEREAS, The Men's Health Network worked with Congress to develop a

national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and presentation.

whereas.

positive health attitudes and preventative health practices; and
The Men's Health Month website has been established at

The Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations and information about awareness events and activities, including Wear Blue for Men's Health and will focus on a broad range of men's health issues including heart disease, mental health,

diabetes, and prostate, testicular and colon cancer;

NOW, THEREFORE, I, Greg Brudnicki, by virtue of the authority vested in me as Mayor of the City of Panama City, Florida, do hereby proclaim June 2018, as

"MEN'S HEALTH MONTH"

Throughout the **City of Panama City, Florida,** and call upon all citizens to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Official Seal of the City of Panama City, Florida, to be affixed this 30th day of April in the year of our Lord, Two Thousand Eighteen.

City of Panama City /Florigh

Greg Brudnicki, Mayor

ATTESTED TO:

T. D. Hachmeister, City Clerk