Proclamation

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Week web site has been established at www.MensHealthWeek.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, San Marcos Men's Health Week will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

Whereas, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

NOW, THEREFORE, I, John Thomaides, by virtue of the authority vested in me as Mayor of the City of San Marcos, Texas do hereby proclaim June 11-17, 2018 as

“SAN MARCOS MEN’S HEALTH WEEK”

AND DO HEREBY CALL upon all citizens of San Marcos to pursue preventative health practices and early detection efforts.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused to be affixed the Seal of the City of San Marcos, Texas, this 25th Day of April, 2018.

John Thomaides
Mayor

Attest:

Jannie Lee Case
City Clerk