

## PROCLAMATION~

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy;

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease;

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screenings;

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children;

WHEREAS, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices;

WHEREAS, the Men's Health Week web site has been established at www.MensHealthWeek.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health;

WHEREAS, the City of Temple Men's Health Week will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

WHEREAS, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups

NOW, THEREFORE, I, DANIEL A. DUNN, Mayor of the City of Temple, Texas, do hereby proclaim the Week of June 11-17, 2018, as

## "MEN'S HEALTH WEEK"

in the City of Temple, Texas, and I encourage all citizens to pursue preventative health practices and early detection efforts.

IN TESTIMONY WHEREOF, I witness my hand and the Seal of the City of Temple, Texas, this the 29th day of March, 2018.

DANIEL A. DUNN, Mayor

ATTEST:

Lacy Borgeson
City Secretary