Whereas, the month of June is the "National Men’s Health Month.” The Men’s Health Network has partnered with the United States Congress to develop National Men’s Health Week, a special campaign designed to educate men and their families about the importance of positive health attitudes and preventative health practices; and,

Whereas, the purpose of Men’s Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys. This month gives health care providers, public policy makers, the media, and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury; and,

Whereas, despite advances in medical technology and research, men continue to live an average of five years less than women. Furthermore, Native-American and African-American men have the lowest life expectancy out of all; and,

Whereas, by educating the public and healthcare providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and,

Whereas, the City of Bridgeport will focus on a broad range of men’s health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer during Men’s Health Month; and,

Now Therefore, I, Mayor Joseph P. Ganim, encourage the citizens of the City of Bridgeport to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups, by pursuing preventative health practices and early detection efforts, and do hereby proclaim the month of June as

“Men’s Health Month”

In the Great City of Bridgeport, Connecticut
In witness, whereof, I have hereunto set my hand and caused the seal of the City of Bridgeport to be affixed this 1st Day of June A.D. 2018.

Joseph P. Ganim
Mayor