WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the shortest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reduced rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Network has worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, the City of Fresno Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular, and colon cancer; and

WHEREAS, the citizens of the City of Fresno are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

NOW, THEREFORE BE IT RESOLVED, that we, Mayor Lee Brand and the Fresno City Councilmembers, encourage all of our citizens to pursue preventative health practices and early detection efforts.

BE IT FURTHER RESOLVED, that we, Mayor Lee Brand and the Fresno City Councilmembers, do hereby proclaim the month of June 2018 to be:

“Men's Health Month”

in the City of Fresno.

IN WITNESS WHEREOF, we have hereunto set our hands and affixed the seal of the City of Fresno, California, the month of June 2018.

LEE BRAND, Mayor

STEFF BANADAU, Council Vice President

PAUL CAPROGlio, Councilmember District 4

GARRY BRDEFEK, Councilmember District 6

ESMEALDA SPOLE, Council President

OLIVER BAINES III, Councilmember District 3

LUCI CHAVEZ, Councilmember District 5

CLINT OLIVIER, Councilmember District 7