WHEREAS, despite advances in medical technology and research, men continue to live an average of five years fewer than women, with Native American and African-American men having the shortest life expectancy; and,

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems helps to reduce rates of mortality from disease; and,

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screenings; and,

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and,

WHEREAS, the Men’s Health Network worked with Congress to develop a national men’s health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and,

WHEREAS, the Men’s Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men’s Health; and,

WHEREAS, Men’s Health Month focuses on a broad range of men’s health issues, including heart disease; mental health; diabetes; and prostate, testicular, and colon cancer; and,

WHEREAS, all citizens of the State of Illinois are encouraged to recognize the importance of a healthy lifestyle, regular exercise, and medical check-ups;

THEREFORE, I, Bruce Rauner, Governor of the State of Illinois, do hereby proclaim June 2018 as MEN’S HEALTH MONTH in Illinois and encourage all citizens to pursue preventative health practices and early detection efforts.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Illinois to be affixed.

Done at the Capitol in the City of Springfield,
this _______ day of _______, in
the Year of Our Lord, two thousand and
_________, and of the State of Illinois,
two hundredth.

Respectfully Submitted,

[Signature]
SECRETARY OF STATE

[Signature]
GOVERNOR