

# Proclamation



## PROCLAMATION RECOGNIZING JUNE AS MEN'S HEALTH MONTH

**WHEREAS**, Despite advances in medical research and technology, men continue to live an average of five years less than women with African-American and Native American men having the lowest life expectancy; and

**WHEREAS**, We must strive to educate and empower the public and health care providers about the importance of healthier lifestyles and early detection of male health problems which will result in reducing rates of mortality from disease; and

**WHEREAS**, Men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members, will be more likely to participate in health screenings. Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, The Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, In order to raise awareness about preventative health, the Men's Health Month web site has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

**WHEREAS**, Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular, and colon cancer.


**NOW, THEREFORE BE IT RESOLVED**, that I, Chokwe Antar Lumumba, Mayor of the City of Jackson, Mississippi, do hereby proclaim June 2018 as

## MEN'S HEALTH MONTH

in the City of Jackson. I encourage citizens to help increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups. I strongly urge the fathers of our community to pursue preventative health practices and early detection efforts, so that our young boys will follow in their footsteps towards healthier lifestyles.

*Given under my hand and seal of the City of Jackson, Mississippi,*

the 2<sup>nd</sup> day of May, 2018

  
Chokwe A. Lumumba, Mayor