WHEREAS: Men continue to live an average of five fewer years than women, despite advances in medical technology and research; and

WHEREAS: Native American and African American men have the shortest life expectancies in the United States; and

WHEREAS: Educating the public about the importance of healthy lifestyle choices and the early detection of male health problems will reduce rates of mortality from disease; and

WHEREAS: Men who understand and appreciate preventative care can prolong their lives and their role as productive family members; and

WHEREAS: Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS: The Men’s Health Network has developed a men’s health awareness campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS: The Men’s Health Month website—www.MensHealthMonth.org—features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men’s Health; and

WHEREAS: Minnesota Men’s Health Month will focus on a broad range of men’s health issues, including heart disease; mental health; diabetes; and prostate, testicular, and colon cancer; and

WHEREAS: Minnesotans are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim the month of June 2018, as:

MEN’S HEALTH MONTH

in the State of Minnesota.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 20th day of May.

Mark Dayton
GOVERNOR

Steve Simon
SECRETARY OF STATE