

"MEN'S HEALTH MONTH" JUNE 2018

WHEREAS, the importance of educating the public and health care providers about the worth of a healthy lifestyle and early detection of male health problems cannot be overstated; and

WHEREAS, regardless of numerous advances in medical technology and research, men continue to live an average of five years less than women because many avoid regular screenings; and

WHEREAS, well-informed men appreciate the value that preventive health has in prolonging their lifespan; and

WHEREAS, they are more likely to participate in screenings that may help alert them to problems that would benefit from timely treatment; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and families; and

WHEREAS, families are encouraged to promote awareness because a man's physical condition will impact his family, friends, and all who love him;

NOW, THEREFORE, I, HARRY LAROSILIERE, MAYOR OF THE CITY OF PLANO, TEXAS, do hereby proclaim June 2018 as "Men's Health Month" in Plano, and I do thereby encourage all citizens to join me and the Plano City Council in urging those we love to get regular physicals.



Office of the Mayor