

CITY OF READING, PENNSYLVANIA

OFFICE OF THE MAYOR 815 WASHINGTON STREET, ROOM 2-33 READING, PA 19601-3690 (610) 655-6234

PROCLAMATION

WHEREAS. despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life

expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early

detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS. men who are educated about the value of preventive health will be more likely to participate in health

screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier

children; and

WHEREAS, Men's Health Network worked with Congress to develop National Men's Health Week as a special

campaign to help educate men and their families about the importance of positive health attitudes

and preventative health practices; and

WHEREAS. the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle,

regular exercise, and medical check-ups.

NOW, THEREFORE, I, Wally Scott, The People's Mayor, do hereby proclaim the week of June 11-17, 2018 as

Men's Health Week

in the City of Reading, Berks County, Pennsylvania

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Seal of the City of Reading, Pennsylvania this 1st day of May 2018.

> Wally Scott The People's Mayor

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