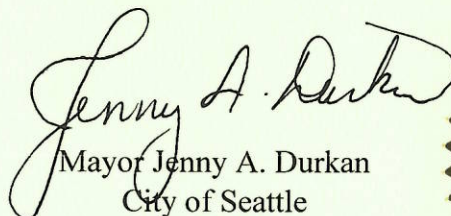


PROCLAMATION

- WHEREAS,** despite advances in medical technology and research, on average, men continue to live five years less than women, and Native American and African-American men have the lowest life expectancies; and
- WHEREAS,** educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems can help reduce rates of mortality from disease; and
- WHEREAS,** men who are educated in the value of preventative health are more likely to participate in health screenings; and
- WHEREAS,** fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- WHEREAS,** Men's Health Network worked with the United States Congress to develop National Men's Health Week as a campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS,** Seattle Men's Health Week will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and
- WHEREAS,** the people of Seattle are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

NOW, THEREFORE I, JENNY A. DURKAN, MAYOR OF SEATTLE, DO HEREBY PROCLAIM JUNE 11-17, 2018 TO BE

Men's Health Week


Mayor Jenny A. Durkan
City of Seattle

