City of Waltham Massachusetts

Official Proclamation

Whereas... Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and;

Whereas... Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and;

Whereas... Men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will more likely participate in health screenings; and

Whereas... Fathers who maintain a healthy lifestyle are role models for their children and have happier and healthier children, and;

Whereas... The Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

Whereas... The Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

Whereas... The Citizens of the City of Waltham are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups.

Now, therefore, I, Jeannette A. McCarthy, Mayor of the City of Waltham, do hereby proclaim the month of June 2018, to be, Men’s Health Month in the City of Waltham.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of Waltham this 4th day of April 2018.

By: [Signature]
Jeannette A. McCarthy
Mayor