

OFFICE OF THE MAYOR
CITY OF CAMDEN
NEW JERSEY

## PROCLAMATION

IN RECOGNITION OF

## Men's Health Week

Camden, New Jersey

WHEREAS, the month of June was declared Men's Health Month in 1994, with the congressional passage of Men's Health Week, sponsored by Senator Bob Dole and Congressman Bill Richardson at the request of Men's Health Network. Men's Health Week was signed by President Clinton, and became Public Law 103-264 on May 31, 1994. This year 2018, the City of Camden will declare June 11th - 17th, 2018 as the week to promote Men's Health Awareness; and

WHEREAS, Men's Health Week is a time for the public to recognize the health needs of men and boys specifically in our communities. It will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer. It is a time to bring focus of good health and preventive screening for early detection for men in the community. Organizations will be invited to present hands on workshops and innovative demonstrations on a variety of topics such as preventive screenings, healthcare information, fitness and exercise; and

WHEREAS, each year, thousands of men die from heart disease, prostate, testicular, colon and other cancers, diabetes and other health problems. Warning signs of these illnesses in their early stages might have been detected through preventive health exams and tests, allowing for appropriate forms of treatment that could have extended many lives. Understanding the value of a healthy lifestyle, including exercising routinely, eating a nutritious diet, quitting smoking, limiting alcohol use, getting adequate sleep and managing stress will produce healthier men living happier, longer lives;

**NOW, THEREFORE**, I, Francisco "Frank" Moran, Mayor of the City of Camden, do hereby proclaim the week leading up to and including Father's Day as Men's Health Week in this City, and encourage all our residents to pursue preventative health practices and early detection efforts.

Honorable Francisco "Frank" Moran, Mayor June 1, 2018

