CITY OF WASILLA PROCLAMATION
RECOGNIZING MEN’S HEALTH WEEK

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men’s Health Week web site has been established at www.MensHealthWeek.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, the City of Wasilla Men's Health Week will ask men to research a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

WHEREAS, the citizens of Wasilla and this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

Now, therefore, I, Bert L. Cottle, Mayor of the City of Wasilla do hereby proclaim June 11 - 17, 2018, as:

Men's Health Week

in the City of Wasilla and encourage all citizens in Wasilla to pursue preventative health practices and early detection efforts.

DATED this 11th day of June, 2018.

[Signature]
BERT L. COTTLE
Mayor of Wasilla