

## The Town of West Hartford Proclamation

**WHEREAS**, the health and vitality of a community is reflected in the participation of its citizens in those activities that further the strength of the town; and

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

Whereas, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

Whereas, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

**Now, Therefore, Be IT proclaimed** that on behalf of the Town Council and the residents of West Hartford, I, Mayor Shari G. Cantor, do hereby recognize June as **Men's Health Month** in the Town of West Hartford and encourage citizens to pursue preventative health practices and early detection efforts.

June 12, 2018



Shari G. Cantor, Mayor