

# PROCLAMATION

DECLARING JUNE 2018, AS MEN'S HEALTH MONTH TO HEIGHTEN THE AWARENESS OF MEN'S PREVENTABLE HEALTH PROBLEMS AND INCREASING EARLY DETECTION AND TREATMENT OF DISEASE.

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women; with Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**WHEREAS**, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

**WHEREAS**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**WHEREAS**, the Men's Health Month website has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations and information about awareness events and activities, including Wear Blue for Men's Health; and

**WHEREAS**, the City of Englewood, Colorado will focus on a broad range of men's health issues including heart disease, mental health, diabetes, and prostate, testicular and colon cancer during Men's Health Month; and

**WHEREAS**, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical checkups.

**NOW THEREFORE**, I, Rita Russell, Mayor Pro Tem of the City of Englewood, Colorado, hereby proclaim

**THE MONTH OF JUNE, 2018  
AS  
MEN'S HEALTH MONTH**

GIVEN under my hand and seal this 21<sup>st</sup> day of May, 2018.



  
Rita Russell, Mayor Pro Tem