A Proclamation Designating June 11 - 17, 2018 as Men's Health Week

Whereas, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

Whereas, men who are educated about the value of preventative health will be more likely to participate in health screening; and

Whereas, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas, Men's Health Network worked with Congress to develop Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

Whereas, the Men's Health Week web site has been established at www.menshealthweek.org and features resources, proclamations, and information about awareness events;

Whereas, Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

Whereas, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

Now, therefore, I, the Mayor of the City of Bristol, Tennessee, do hereby proclaim the week of June 11 - 17, 2018 as Men's Health Week in this city, and encourage all our citizens to pursue preventative health practices and early detection efforts.

This 5th day of June, 2018.

Mayor