

City of Cleveland, Ohio

In recognition of Men's Health Week

June 10 - 16, 2019

Of une 10 - 16, 2019 as Men's Health Week in Cleveland; and,

Whereas, despite advances in medical technology and research, men continue to live an average of five years less than women, with African American men having the lowest life expectancy; and,

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and,

Whereas, men who are educated about the value of preventative health will be more likely to participate in health screenings; and, fathers who maintain a healthy lifestyle are role models of good health care for their children; and,

Whereas, Men's Health Network collaborated with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and,

Men's Health Week in Cleveland will focus on a broad range of men's health issues including, heart disease, diabetes, and prostate, testicular and colon cancers. The City of Cleveland Department of Public Health will continue its efforts to raise awareness about the importance of a healthy lifestyle, regular exercise and medical check-ups in the Cleveland community.

Now therefore, I, Frank G. Jackson, the 56th Mayor of the City of Cleveland, do hereby offer this Proclamation designating June 10 - 16, 2019, as Men's Health Week in Cleveland. I encourage all Clevelanders to participate in supporting the efforts of Men's Health Week by pursuing preventative health care and talking about and engaging in healthy lifestyles, which include a nutritious diet and regular exercise.

