CITY OF DETROIT

PROCLAMATION

MEN'S HEALTH WEEK

WHEREAS, Despite advances in medical technology and research, men continue to live an

average of five years less than women with African-American men having the lowest

life expectancy; and

WHEREAS, Educating the public and health care providers about the importance of a healthy

lifestyle and early detection of male health problems will result in reducing rates of

mortality from disease; and

WHEREAS, Men who are educated about the value of preventative health will be more likely to

participate in health screening; and

WHEREAS, Fathers who maintain a healthy lifestyle are role models for their children and have

happier, healthier children.

WHEREAS, Men's Health Network worked with Congress to develop National Men's Health

Week as a special campaign to help educate men, boys and their families about the

importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Network website had been established at www.menshealthweek.org

and features resources, proclamations and information about awareness events and

activities, including Wear Blue for Men's Health; and

Detroit's Health Week will focus on a broad range of men's health issues, including WHEREAS,

heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

WHEREAS, The citizens of this state are encouraged to increase awareness of the importance of

a healthy lifestyle, regular exercise, and medical check-ups; now

THEREFORE, I, Mike Duggan, Mayor of the City of Detroit, proclaim the week leading up to and

including Father's Day as Men's Health Week in Detroit, and I encourage all our

citizens to pursue preventative health practices and early detection efforts.

Mayor

Tune 10-16, 2019

