WHEREAS: despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventative health practices can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, the Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Linda Martin, Mayor of the City of Euless, Texas, do hereby proclaim June as:

Men's Health Month

throughout the City of Euless and encourage all of our citizens to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have signed my name and affixed the official seal of the City hereto, on this 26th day of February 2019.

Linda Martin, Mayor