PROCLAMATION

Office of the Mayor Town of Hamden Men's Health Month June, 2019

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of morality from disease; and

WHEREAS, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health.

NOW THEREFORE, I, Curt Balzano Leng, Mayor of the Town of Hamden, do hereby proclaim June, 2019 as Men's Health Month in The Town of Hamden, and I encourage all citizens to pursue preventative health practices and early detection efforts.

Curt Balzano Leng, Mayor