Proclamation

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years fewer than women, with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Network worked with the United States Congress to establish Men's Health Month as a special campaign during the week preceding Father's Day, to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including the Wear Blue program for Men's Health; and

WHEREAS, Men's Health Month will focus on a broad range of men's health issues, including heart disease, diabetes, mental health and testicular cancer,

NOW, THEREFORE, I, KIRK CALDWELL, Mayor of the City and County of Honolulu, do hereby proclaim June, 2019, to be

MEN'S HEALTH MONTH

to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups, and encourage all residents to pursue preventative health practices and early detection efforts.

Done this 1st day of June, 2019, in Honolulu, Hawai'i.

KIRK CALDWELL