



OFFICE OF THE MAYOR
CITY OF NIAGARA FALLS, NEW YORK

Proclamation

- WHEREAS,** Despite advances in medical technology and research, men continue to live an average of five years less than woman with Native American and African-American men having the lowest life expectancy; and
- WHEREAS,** Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- WHEREAS,** Men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and
- WHEREAS,** Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- WHEREAS,** The Men's Health Network worked with Congress to develop a national Men's Health Awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS,** The Men's Health Month web site has been established at www.menshealthmonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and
- WHEREAS,** Niagara Falls Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes and prostate, testicular and colon cancer; and
- WHEREAS,** The citizens of Niagara Falls are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical checkups.

NOW, THEREFORE, I, Paul A. Dyster, Mayor of the City of Niagara Falls, do hereby proclaim June as Men's Health Month in Niagara Falls, and encourage all of our citizens to pursue preventative health practices and early detection efforts.

GIVEN, under my hand and the seal of the
City of Niagara Falls this 30th Day of March, 2019

Hon. Paul A. Dyster
Mayor

