

## MEN'S HEALTH WEEK

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy;

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease;

WHEREAS, men who are educated about the value of preventative health will most likely participate in health screenings; fathers who maintain a healthy lifestyle are role models for their children;

WHEREAS, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive healthy attitudes and preventative health practices; and

WHEREAS, the citizens of Roanoke are encouraged to increase awareness of the importance of healthy lifestyle, regular exercise, and medical check-ups.

**NOW, THEREFORE, I,** Sherman P. Lea, Sr., Mayor of the City of Roanoke, Virginia, do hereby proclaim June 10-16 throughout this great, seven-time All-America City, as Men's Health Week.

Given under our hands and the Seal of the City of Roanoke this third day of June in the year two thousand and nineteen.

Sherman P. Lea, Sr.

Mayor

ATTEST:

Stephanie M. Moon Reynolds

City Clerk

