Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and

Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

Men who are educated about preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings. Fathers who maintain a healthy lifestyle are role models for their children and likely to have happier, healthier children; and

The Men’s Health Network worked with Congress to develop a national men’s health awareness period to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and

Rochester Men’s Health Month will focus on a broad range of men’s health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

The citizens of Rochester are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.

NOW, THEREFORE, I, Lovely A. Warren, Mayor of the City of Rochester, New York, do hereby proclaim June to be:

MEN’S HEALTH MONTH

In Witness Whereof, I have hereunto set my hand on this first day of June in the year 2019.

Signed:

Mayor, Rochester, New York