

City of San Bernardino

California

PROCLAMATION OF THE MAYOR AND CITY COUNCIL

MEN'S HEALTH MONTH

WHEREAS, June 10-16 is National Men's Health Week

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with African-American men having the lowest life expectancy

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, The City of San Bernardino's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

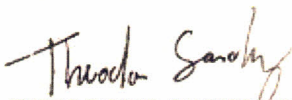
WHEREAS, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

NOW, THEREFORE, THE MAYOR & CITY COUNCIL OF THE CITY OF SAN BERNARDINO, do hereby proclaim the month of June 2019 as

MEN'S HEALTH MONTH

and we encourage our citizens to pursue preventative health practices and early detection efforts.

Presented this 5th day of June, 2019.



THEODORE SANCHEZ
Council Member, First Ward


JOHN VALDIVIA
Mayor

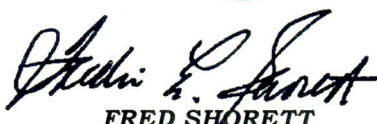

HENRY NICKEL

Council Member, Fifth Ward



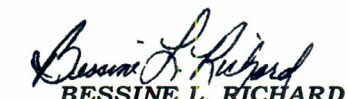
SANDRA IBARRA
Council Member, Second Ward



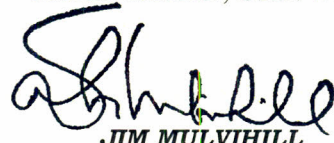

FRED SHORETT

VACANT
Council Member, Third Ward

Council Member, Fourth Ward


BESSINE L. RICHARD

Mayor Pro Tempore
Council Member, Sixth Ward


JIM MULVIHILL

Council Member, Seventh Ward