WHEREAS: Men’s Health Month seeks to educate the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems; and

WHEREAS: The Men’s Health Network worked with Congress to develop a national men’s health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS: The City of San José’s Men’s Health Month will focus on a broad range of men’s health issues, including: Heart disease, mental health, diabetes, and testicular/colon/prostate cancer;

NOW, THEREFORE, I, Sam Liccardo, Mayor of the City of San José, together with my colleagues on the City Council, do hereby proclaim the 10-16th days of June 2019 as

MEN’S HEALTH MONTH

to encourage the citizens of San José to pursue preventative health practices and early detection efforts.

The Honorable Sam Liccardo
MAYOR

Charles “Chappie” Jones, Vice Mayor

Sergio Jimenez, Councilmember

Raul Peralez, Councilmember

Lan Diep, Councilmember

Magdalena Carrasco, Councilmember

Devora “Dev” Davis, Councilmember

Maya Esparza, Councilmember

Sylvia Arenas, Councilmember

Pam Foley, Councilmember

Johnny Khamis, Councilmember

Attested by:

Toni Taber, City Clerk