## THE CITY OF SARASOTA Proclamation

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screenings; and

WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

WHEEREAS, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

WHEREAS, the citizens of the City of Sarasota are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, the City Commission of the City of Sarasota, Florida, and on behalf of the citizens of our community, takes great pride in recognizing June 2019 as

## "Men's Health Month"

a month of special importance and worthy of the recognition of the citizens of the City of Sarasota.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Sarasota to be affixed this 15th day of May 2019.

Liz Alpert, Esq.

Mayor, City of Sarasota