THE CITY OF SPRINGFIELD, MASSACHUSETTS
MAYOR DOMENIC J. SARNO
HOME OF THE BASKETBALL HALL OF FAME

Proclamation

Whereas,
Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

Whereas,
Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease. Men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings. Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas,
The Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices. The Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events activities, including Wear Blue for Men's Health; and

Whereas,
Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer. Today, the City of Springfield joins with the Men's Health Network in recognizing the Month of June as Men's Health Month as we continue to work together to encourage our residents the importance of their health and celebrate the gains made and continue to aggressively create the changes that make us a healthier community.

Therefore, I, Domenic J. Sarno, Mayor of the City of Springfield, do hereby proclaim the

Month of June 2019 as

"Men’s Health Month"

in the great City of Springfield and I strongly encourage every citizen to be aware and observe this event and participate suitably in its observance by helping our families, friends, neighbors, co-workers and leaders better understand the importance of public health.

[Signature]
DOMENIC J. SARNO, MAYOR

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