WHEREAS: The City of Stamford honors Men’s Health Month to focus on a broad range of men’s health issues; and

WHEREAS: Recognizing that despite advances in medical technology and research, men live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

WHEREAS: Public health education about healthy lifestyles, regular exercise, and medical check-ups for early detection, reduce male mortality rates and promote the importance of men as role models for a healthier and happier family; and

WHEREAS: The Men’s Health Network campaign and www.MensHealthWeek.org features resources and activities—Wear Blue for Men’s Health!

NOW, THEREFORE, I, DAVID R. MARTIN, Mayor of the City of Stamford, proclaim June, 2019 to be:

MEN’S HEALTH MONTH

in the City of Stamford, and encourage all of our residents to participate in Wear Blue Friday, and show caring for their loved ones by pursuing preventative health.

DAVID R. MARTIN, MAYOR