



Gary Richard Herbert

Governor

Declaration

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease;

Whereas, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings;

Whereas, The Men's Health Network worked with congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices;

Whereas, Utah Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer;

Whereas, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups; and

Now, Therefore, I, Gary R. Herbert, Governor of the great State of Utah, do hereby declare June 2019 as

Men's Health Month

A handwritten signature in black ink that reads 'Gary R. Herbert'.

Gary R. Herbert
Governor