TO ALL TO WHOM THESE PRESENTS COME – GREETINGS:

WHEREAS: Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

WHEREAS: Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS: Men who are educated about the value that preventative health practices can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS: The Men’s Health Month website has been established at www.MensHealthMonth.org and features resources and information about awareness events and activities, including Wear Blue for Men’s Health; and

WHEREAS: Arkansas’s Men’s Health Month and Men’s Health Week will focus on a broad range of men’s health issues, including heart disease, mental health, diabetes, and prostate, testicular, and colon cancer; and

WHEREAS: The citizens of Arkansas are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

NOW, THEREFORE, I, ASA HUTCHINSON, Governor of the State of Arkansas, by virtue of the authority vested in me by the laws of the State of Arkansas, do hereby proclaim June 2019, as

MEN’S HEALTH MONTH IN ARKANSAS

and June 10th through June 16th, 2019, as

MEN’S HEALTH WEEK IN ARKANSAS

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Arkansas to be affixed this 8th day of February, in the year of our Lord 2019.

Asa Hutchinson, Governor

John Thurston, Secretary Of State