WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and
WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
WHEREAS, the Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health (www.WearBlueForMensHealth.com); and
WHEREAS, Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and
WHEREAS, the citizens of Arizona are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.
NOW, THEREFORE, I, Douglas A. Ducey, Governor of the State of Arizona, do hereby proclaim June 2019, as

MEN'S HEALTH MONTH

and encourage citizens to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the State of Arizona

[Signature]
GOVERNOR

DONE at the Capitol in Phoenix on this twenty-fifth day of April in the year Two Thousand and Nineteen and of the Independence of the United States of America the Two Hundred and Forty-Third

[Signature]
SECRETARY OF STATE