

The State of Washington



Proclamation

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models and have happier, healthier children; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month website has been established (www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, in Washington state, Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

WHEREAS, the residents of this state are encouraged to increase their awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups;

NOW, THEREFORE, I, Jay Inslee, Governor of the state of Washington, do hereby proclaim June 2019 as

Men's Health Month

in Washington, and I encourage all people in our state to join me to in this special observance.

Signed this 21st day of May, 2019

Governor Jay Inslee

