



# City of Bellevue | Proclamation

**Whereas:** Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

**Whereas:** Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

**Whereas:** Men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

**Whereas:** Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**Whereas:** Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

**Whereas:** Men's Health Month website has been established at [MensHealthMonth.org](http://MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

**Whereas:** Residents of Bellevue are encouraged to learn more about of the importance of a healthy lifestyle

**Now, therefore, I,** John Chelminiak, Mayor of the City of Bellevue, Washington, and on behalf of its City Council, do hereby proclaim the month of **June 2019** as:

## **MEN'S HEALTH MONTH**

in Bellevue, and encourage all our residents to pursue preventative health practices and early detection efforts.

A handwritten signature in cursive script that reads "John F. Chelminiak".

John Chelminiak, Mayor  
City of Bellevue