PROCLAMATION

Men’s Health Month – June 2019
Men’s Health Week – June 10 - 16, 2019

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancies; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle, and early detection of male health problems, will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings, and also serve as better healthy role models for their children; and

WHEREAS, the Men’s Health Network worked with Congress to develop a special National Men’s Health Awareness campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Men’s Health Month and Men’s Health Week, which ends every year on Father’s Day, focus on a broad range of men’s health issues including heart disease, mental health, diabetes, and cancer of the prostate, testicles, and colon.

NOW, THEREFORE, BE IT RESOLVED that I, Ken Massey, Mayor of the City of Farmington Hills, on behalf of the City Council, do hereby proclaim June 2019 as Men’s Health Month and encourage all citizens to pursue preventive health care practices such as a healthy lifestyle, regular exercise, and medical check-ups, and to support early detection efforts for themselves and their loved ones.

Kenneth D. Massey, PhD. Mayor