

# *City of Gary Proclamation*

## **June 2019 - Men's Health Month**

**WHEREAS**, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

**WHEREAS**, educating the public and health care providers about the importance of a healthy lifestyle, and early detection of male health problems, will result in reducing mortality rates, from disease; and

**WHEREAS**, men who are educated about the value that preventative health practices can play in prolonging their lifespan, and their role as productive family members, will be more likely to participate in health screenings; and

**WHEREAS**, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

**WHEREAS**, the Men's Health Network has worked with Congress to develop a national men's health awareness period, as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

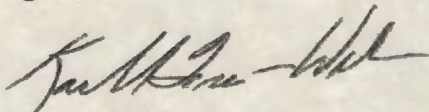
**WHEREAS**, the Men's Health Month website has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

**WHEREAS**, in the City of Gary, Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular, and colon cancer; and

**WHEREAS**, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

**NOW THEREFORE, I, Karen Freeman-Wilson, Mayor of the City of Gary, Indiana, do hereby proclaim June as Men's Health Month.** Residents are hereby encouraged to pursue preventative health practices and early detection efforts.

Signed,



Karen Freeman-Wilson  
Mayor, City of Gary, Indiana

