

**PROCLAMATION  
CITY OF CASA GRANDE  
MAYOR CRAIG H. MCFARLAND**



**“Men’s Health Week June 15 - 21, 2020”**

*WHEREAS*, despite advances in medical technology and research, men continue to live an average of five years less than woman with Native American and African American men having the lowest life expectancy; and

*WHEREAS*, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

*WHEREAS*, men who are educated about the value of preventative health can play in prolonging their lifespan and their roles as productive family members will be more likely to participate in health screenings; and

*WHEREAS*, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

*WHEREAS*, Men’s Health Network worked with Congress to develop National Men’s Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practice; and

*WHEREAS*, the Men’s Health Month web site has been established at [www.MensHealthWeek.org](http://www.MensHealthWeek.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men’s Health; and

*WHEREAS*, the City of Casa Grande Men’s Health Month will focus on a broad range of men’s health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

*WHEREAS*, the citizens of this state are encourage to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

*NOW, THEREFORE*, I, Craig H. McFarland, Mayor of the City of Casa Grande do hereby proclaim June as Men’s Health Month in the City of Casa Grande, and encourage all our citizens to pursue preventative health practice and early detection efforts.

*IN WITNESS WHEREOF*, I have hereunto set my hand and caused to be affixed the seal of the City of Casa Grande, Arizona.

Done at City Hall of Casa Grande, this 28<sup>th</sup> day of January 2020.

A handwritten signature in black ink, appearing to read 'Gloria Leija'.

Attest:

Gloria Leija, MMC  
City Clerk

A handwritten signature in black ink, appearing to read 'Craig H. McFarland'.

Craig H. McFarland  
Mayor

