

## OFFICE OF THE MAYOR

## PROCLAMATION

*WHEREAS*, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and

*WHEREAS*, educating the public and healthcare providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

*WHEREAS*, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

*WHEREAS*, fathers who maintain a healthy lifestyle are role models for their children and have happier healthier children; and

*WHEREAS*, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

*WHEREAS*, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health (www.WearBlueForMensHealth.com); and

*WHEREAS*, Fayetteville Men's Health Month will focus on a broad range of men's health issues; including heart disease, mental health, diabetes, and prostate, testicular, and colon cancer; and

*WHEREAS*, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

*NOW, THEREFORE,* I, Mitch Colvin, Mayor of the City of Fayetteville, North Carolina, and on behalf of City Council and more than 208,000 citizens, do hereby honorably proclaim the month of June in the year 2020

## **MEN'S HEALTH MONTH**

*IN WITNESS WHEREOF*, I have hereunto set my hand and caused the Great Seal of the City of Fayetteville to be affixed this 8<sup>th</sup> day of June, 2020.



Mitch Colvin Mayor