

STATE OF NEW JERSEY EXECUTIVE DEPARTMENT

Proclamation

WHEREAS, 2020 marks the 26th year of "National Men's Health Month;" and

WHEREAS, this month serves to help educate men and their families about the importance of positive health attitudes and preventive health practices; and

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with African American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventive health practices will be more likely to participate in health screenings; and

WHEREAS, New Jersey Men's Health Month will focus on a broad range of men's health issues, including heart disease, diabetes and prostate, testicular and colon cancer; and

WHEREAS, the residents of the Garden State are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups;

NOW, THEREFORE, I, Philip D. Murphy, Governor of the State of New Jersey, do hereby proclaim:

JUNE 2020 AS MEN'S HEALTH MONTH

in New Jersey.



GIVEN, under my hand and the Great Seal of the State of New Jersey, this twenty-eighth day of January in the year two thousand twenty, the two hundred forty-fourth year of the Independence of the United States.

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